



OPTIMIST PANAMERICAN TEAM RACING 2025

December 14th

CLUB UNIVERSITARIO DE BUENOS AIRES
ASOCIACIÓN ARGENTINA DE OPTIMIST
FEDERACIÓN ARGENTINA DE YACHTING

TRPAM SAILING INSTRUCTIONS

SI: Sailing Instructions.

NOR: Notice of Race.

RC: Race Committee.

RRS: Racing Rules of Sailing.

TC: Technical Committee

[SP] denotes a rule for which a standard penalty applies. May be applied by the RC, TC or Jury without a hearing (this changes RRS 63.1 and RRS A5).

[DP] denotes a rule for which the penalty is at the discretion of JURY.

[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.

IPAM – OPTIMIST INDIVIDUAL PANAMERICAN CHAMPIONSHIP

TRPAM – OPTIMIST TEAM RACING PANAMERICAN CHAMPIONSHIP



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1. RULES

- 1.1. The event will be governed by the *rules* as defined by the *RRS*.
- 1.2. No national authority prescriptions will apply.
- 1.3. When a boat starts and finishes and breaks RRS 28.1 by failing to sail the course described in the Sailing Instructions, six points shall be added to her score without a hearing. This changes RRS A5.
- 1.4. Modifying RRS Race Signals, when an RC boat hoist code flag H, all boats must immediately return to port.
- 1.5. If there is a conflict between the NoR and these SI, the SI shall prevail. Modifies RRS 63.5.
- 1.6. Appendix D will apply. Races will be umpired. RRS D1.1(d) is deleted.
- 1.7. The first sentence of RRS D 3.3 (a) is deleted and replaced by: "when the boat has broken RRS 1 or 2, RRS 14 when she has caused damage or injury, or a rule when not racing, either the boat's score may be increased or half or more race wins may be deducted from her team, or no penalty may be imposed."

2. COMMUNICATIONS TO COMPETITORS

- 2.1. (a) Notices to competitors will be published on the Official Notice Board (ONB) in <https://cuba.roms.ar/optipanam2025/index.php/es/> the information will be repeated in the Telegram group whose link is and https://t.me/+Z_NQMFVyUJAyZjlx
(b) On the water, the race committee intends to monitor and communicate with coaches on VHF radio **channel 68**
- 2.2. [DP] CODE OF CONDUCT: Competitors and support staff shall comply with any reasonable request from an event official.

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. Any changes to the SI will be published on the ONB at least two hours before the scheduled time for the first warning signal on the day on which it will take effect, except for any changes to the race schedule which will be published before 20:00 on the day before it takes effect.
- 3.2. Sailing Instructions may be changed orally by the race committee and/or the umpires before the warning signal, when flag L is displayed. It is the responsibility of each team to obtain any oral instructions given. These changes will also be communicated to the coaches on VHF channel. Changes to the format of racing and the publication of the schedule of subsequent races made on the water will be announced as described

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore shall be made on the signal mast located in front of the central ramp.
- 4.2. No signals will be displayed ashore before 09.00 each day.
- 4.3. [DP][SP] [NP] When the class flag is displayed ashore with one sound, the warning signal for that class will be given at the scheduled time or not less than 40 minutes after the flag is displayed, whichever is later. Boats of that class shall not launch until this signal has been displayed.
- 4.4. When the AP flag is deployed ashore, "1 minute" is replaced with "not less than 40 minutes". This modifies in the RRS Race Signals



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5. SCHEDULE AND FORMAT OF RACING:

5.1. Racing Day

| | | | |
|--------|----|-------|-----------------|
| Sunday | 14 | 09:30 | Coaches Meeting |
| | | 11:00 | TRWC Races |

5.2. The event will be a four-boat against four-boat team race. For teams having five competitors, any four may compete in a race, provided that the fifth competitor remains in the area designated for coaches, or ashore, from the warning signal of that race until that race has been completed.

5.3. Attachment 1 shows the intended racing format. The format may be modified during the event in a fair and practical way as solely determined by RC considering the entries, weather conditions, time constraints and any other relevant factors.

5.4. RC may decide not to run a re-sail if the result of that race is not relevant to the progress of any team to the next round.

6. CLASS FLAGS

6.1. Class flags will be white flag with class logo.

7. RACE AREAS

7.1. The racing areas are shown in Attachment 1.

8. COURSES

8.1. The race committee may move marks of the course. RRS 33 will not apply. The moving of a mark by the race committee will not be grounds for a boat to request redress. This changes RRS 61.1(a).

8.2. Course diagrams, including approximate leg angles, order and side markings are shown in Attachment 1.

8.3. Courses will not be shortened. This changes RRS 32.

9. MARKS

9.1. The starting marks will be GREEN inflatable buoy and a RC vessel displaying an orange flag.

9.2. The finishing marks will be BLUE inflatable buoys and a RC vessel displaying a blue flag.

9.3. Marks 1, 2, 3 and 4 will be PINK inflatable buoys.

10. OBSTACLE AREAS

10.1 No obstacle areas are established.



11. THE START

11.1. Starting procedure will be as follows. This changes RRS 26.

| Signal | Min. before starting signal | Sound Signal | Visual Signal |
|-------------|-----------------------------|--------------|----------------------|
| Warning | 3 | One | Class flag displayed |
| Preparatory | 2 | One | "P" flag displayed |
| One-minute | 1 | One | "P" flag removed |
| Starting | 0 | One | Class flag removed |

11.2. When an individual recall is made, flag X will be displayed for up to 1 minute. This changes RRS 29.1.

11.3. Starting line shall be established between the mast of the RC boat displaying an orange flag and the starting mark.

11.4. [DP] [NP] Boats whose warning signal has not been given shall avoid entering the starting area during the starting procedure of other classes.

11.5. The race number and the country codes of the teams to start will be displayed on the whitboard of the committee vessel before the warning signal. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The Race Committee may at any time remove a particular race from the published sequence of races and run it at a later time.

12. COURSE CHANGES

12.1. There will be no course changes.

13. FINISH

13.1. The finish line will be between the mast of RC boat hoisting a blue flag and the finish mark.

14. UMPIRING AND FLAGS

14.1. The event will be umpired in accordance with Appendix D as modified by these Sailing Instructions. Some races may have more umpires than others as determined by the Chief umpire.

14.2. The required red protest flag shall be attached to the competitor, clothing or PFD, and be capable of being displayed at arm's length. To signal a protest, the flag shall be displayed from a concealed position to a position where it is visible to the protested boat and umpires.

15. TIME LIMITS AND TARGET TIME

15.1. Time limits for each race will be 25 minutes.

15.2. The Race Committee may abandon a race for any reason. This changes RRS 32.

15.3. Abandonment may be signaled orally by the race committee and/or the umpires. Abandoned races may be re-sailed, and if so, a new warning signal will be made as soon as practical. This changes RRS 32 and Race Signals.



16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1.** For protests and requests for redress other than protests under a rule listed in RRS D2.2, competitors shall inform an umpire or the Race Committee at the first reasonable opportunity upon finishing. The umpires will, when appropriate, hear protests and requests for redress while afloat.
- 16.2** The protest time limit for competitors is 2 minutes after finishing and for the race committee, technical committee or jury it is 60 minutes after the last boat finishes the last race of the day.
- 16.3** A hearing may be declined if it is not relevant to progress to the next round. This changes RRS 63.1.
- 16.4** When a hearing ashore is necessary, the schedule will be published no later than 30 minutes after the end of the protest time limit.
- 16.5** Breaches of Class Rules will not be grounds for a protest by a boat. This changes RRS 61.1(a). Penalties for these breaches will be as per List of Standard Penalties [SP].
- 16.6** A boat may not request redress under RRS 61.4 (b)(1). This changes RRS 61.1 (a) and RRS 61.4 (b)(1).

17. SCORING SYSTEM

- 17.1.** RRS D4 is deleted and replaced by:

Each team will race at least two times. Teams who have lost two times are eliminated from the competition and may return ashore. The two remaining teams will race the SAIL OFF. This is a set of three races after which the winner of two of them becomes the winner of the TR event.

- 17.2.** If, by Sunset the Final Stage of the TR event has not been completed, the following will apply to define first, second and third places overall, taking in account the race at which the event is not completed.

| INCOMPLETE AT RACE | FIRST | SECOND | THIRD |
|-------------------------------------|-----------------|--|-------|
| Before R23 | Event not valid | | |
| After R23 - before R27 | W23 | (A) 17.3 applies to Flight D remaining teams without consider R23. | |
| After R27 - before R28 | W23 | (B) 17.3 applies to Flight E teams without consider R27. | |
| After R28 - before R29 | W23 | (C) 17.3 applies to W28 and W29. | |
| After R29 - before R30 | W23 | W29 | L29 |
| After R30 without complete SAIL OFF | W30 | L30 | L29 |

- 17.3.** As per SI 18.2, when applicable in cases (A), (B), or (C), to define second and third places, the following will apply:

- The total of races won when the teams met (Only for (C));
- The total points scored in all races against common opponents.
- The order in which they entered the Team Racing event.



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18. [DP] [NP] SAFETY RULES

- 18.1. [SP] A boat that abandons a race shall notify the RC as soon as possible.
- 18.2. On scheduled race days, no boat shall launch before its class flag is flown ashore.
- 18.3. [SP] Participants will have a special sector within the park where they can leave their boats that will be indicated by the staff or the beachmaster. No boat shall be temporarily or permanently left out of that space until its class flag is flown ashore.
- 18.4. [SP] If there is a security vessel at the entrance to the club channel, displaying a red flag, boats must wait to enter port until the signal is lowered.
- 18.5. It will be checked that all participants go down to the water with their PFD in place and in good condition. The PFD must remain in place until its return to port, except during a change of clothes. This amends RRS 40 and the preamble to Part 4 of the *RRS*.
- 18.6. The personal flotation device shall comply with Class Rule 4.2(a).
- 18.7. Boats must go down to the water with all the safety elements required by the class and only if they have cloth floats.
- 18.8. Competitors shall check out before leaving the harbour and check in upon return using the system provided at <https://cuba.roms.ar/optipanam2025/index.php/es/>
- 18.9. Infractions of these Safety Rules may be considered misconduct.

19. [DP] EQUIPMENT REPLACEMENT

- 19.1. Not used
- 19.2. Substitution of damaged or lost equipment will only be permitted with the prior approval of the TC. Requests for substitution shall be made at the first reasonable opportunity..
- 19.3. [SP] [NP] If equipment is substituted afloat between races, both the damaged and the substituting equipment shall be presented to the TC after the end of the day's racing. The substitution is subject to the retrospective written approval of the TC.

20. [NP] EQUIPMENT CONTROL AND MEASUREMENT.

- 20.1. [DP] It will be checked that all participants have their PFD in place and properly secured before launching.
- 20.2. [SP] [DP] Equipment may be measured and inspected in the following circumstances: Ashore before launching and upon return. A boat identified with a flag with the letter "M" may be on the water carrying out inspections. Equipment measurements and inspections will be made by verifying compliance with Class Rules, RRS, and ERS.
- 20.3. [SP] No adjustments shall be made to equipment selected for inspection prior to arrival at the inspection vessel.

21. [NP] TEAMS IDENTIFICATION COLORS

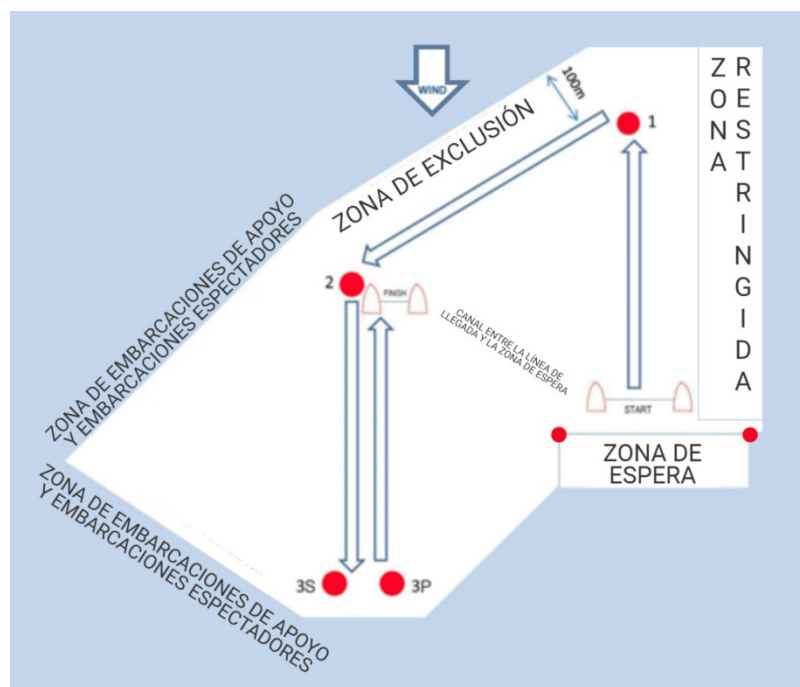
- 21.1 The first team of each country will use a Yellow ribbon on each boat
- 21.2 The second team of each country will use a Red ribbon on each boat
- 21.3 The third team of each country will use a Blue ribbon on each boat

22. NOT USED



23. [NP] SUPPORT VESSELS

- 23.1.** [DP] Team leaders, coaches and other support personnel shall remain not less than 50 m downwind of the starting line and its extensions, from the time of the preparatory signal to the starting signal of their class, and thereafter outside the area where the boats race until all boats have arrived or the race commission indicates a postponement, a general recall or an abandonment. It may be indicated with buoys.
- 23.2.** [DP] Support vessels shall carry a working VHF radio and monitor the channel designated for their racing area by the RC. The channel may change during the event. When requested by an RC or Jury vessel, a support vessel shall move immediately as directed.
- 23.3.** [DP] A break of these rules may result in a penalty imposed on all boats associated with the infringing boat in the race(s) in which the fault was committed.



24. 25. 26 Not used

27. [DP] RADIO COMMUNICATIONS

- 27.1.** Except in an emergency, a boat may not receive or send radio communications that are not available to all boats. This restriction also applies to mobile phones.



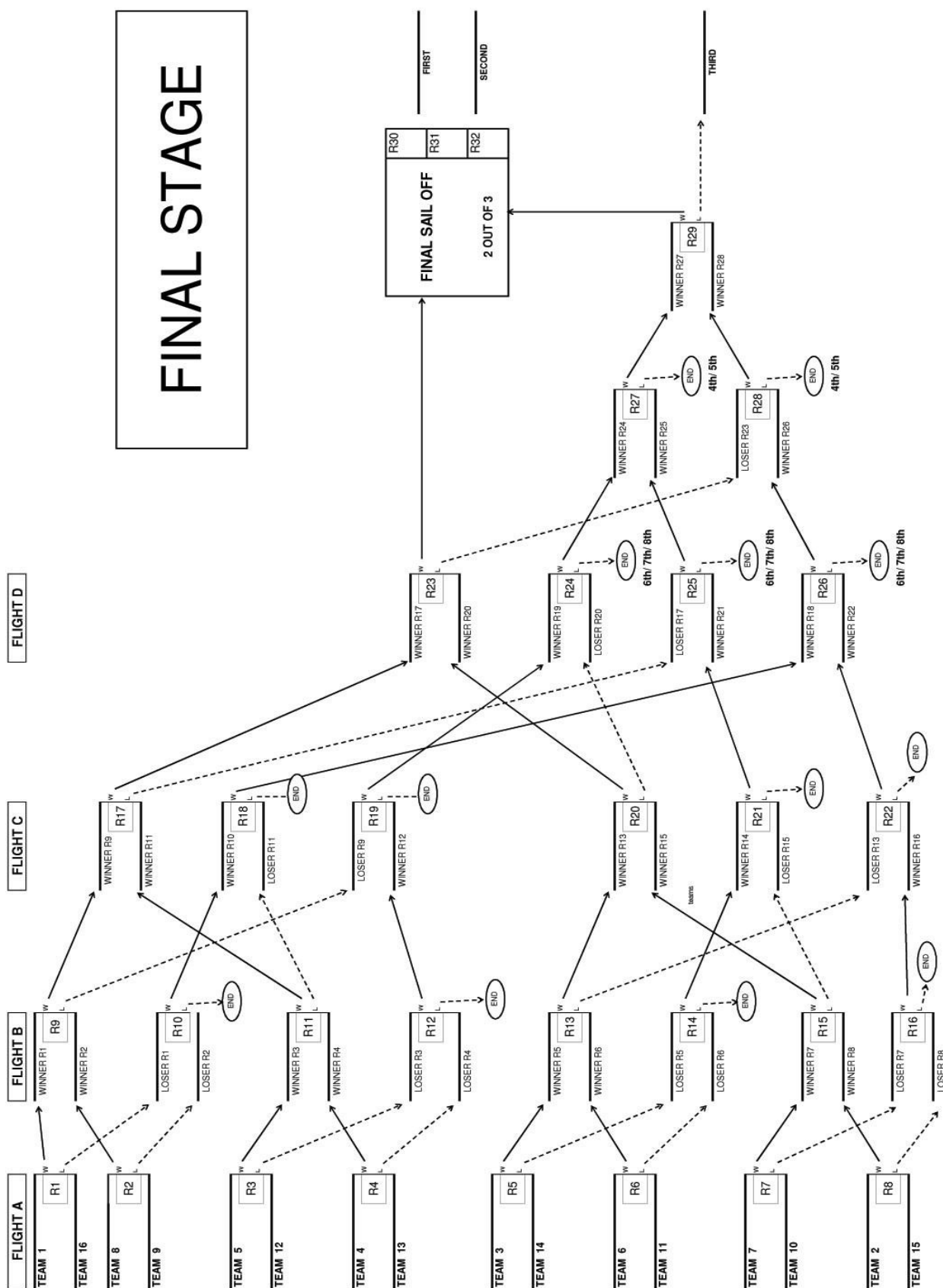
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ATTACHMENT 1

RACING AREA





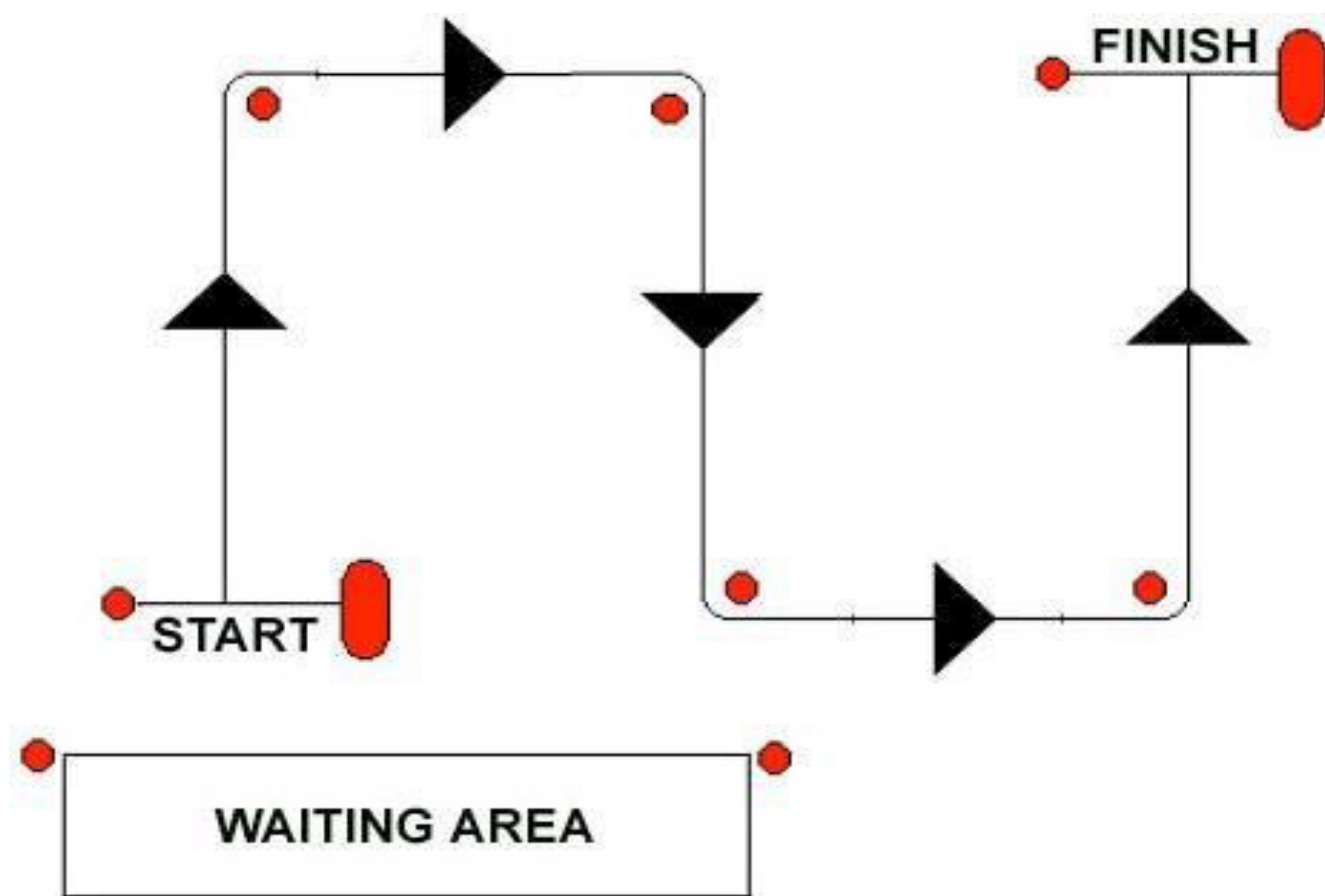


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COURSE AND MARKS

Optimist



Mark color:

1. Start: RC BOAT or GREEN buoy
2. Course: PINK
3. Finish: BLUE

Course:

Start-1-2-3-4-FINISH

List of Standard Penalties [SP]

(Excerpted from IODA's Graded Penalty System)

[SP]

This document is converted to points for each event depending upon the number of competitors, rounded to the closest as per RRS 44.3 (c)

A. FLEET RACING

Minor technical penalties

Penalty approximately equal to 5% of fleet = 3 points

- Failing to report damage to charter boat (IR punto 23.2)
- Breaches of SI 20 Safety Regulations if no danger was involved + 21 + Anexo D

Minor class rule penalties

Penalty equivalent to 10% of fleet = 6 points

- Bailer/paddle/daggerboard/painter not correctly attached to the hull (CR 4.3)
- Painter not attached to mast step (CR 4.3 (b))
- Whistle not attached to personal flotation device (CR 4.2 (a))
- Distance between edge of sail and mast and/or boom at one eyelet 15 mm or more (CR 6.6.3.3 and/or CR 6.6.3.4)
- Distance between edge of sail and mast and/or boom at two eyelets 13 mm or more (CR 6.6.3.3 and/or CR 6.6.3.4)
- Loss of sail tie (CR 6.6.3.3 and/or CR 6.6.3.4)
- Sailing across a race in progress before starting or after finishing (IR anexos D y E)
- Out of the waiting area (SI 13.3)
- Breaches of (Anexo E) Support Vessels
- Clearance between span and boom between 101mm and 120 mm (CR 3.5.3.8)
- Ring(s) on span of boom slipping (CR 3.5.3.8)

Intermediate class rule penalties

Penalty equivalent to 30% of fleet = 19 points

- No bailer, paddle or painter in boat (CR 4.3)
- No whistle (CR 4.2 (a))
- Lanyard, locking device or other arrangement used to attach mast to the hull not in position (CR 3.5.2.11)
- Sail outside limits of bands (CR 3.5.2.7 and CR 6.6.3.1)
- Distance between edge of sail and mast and/or boom at two eyelets 15 mm or more (CR 6.6.3.3 and/or CR 6.6.3.4)
- Distance between edge of sail and mast and/or boom at three or more eyelets 13 mm or more (CR 6.6.3.3 and/or CR 6.6.3.4)
- Clearance between span and boom more than 120 mm (CR 3.5.3.8)
- Edge of sail at throat, tack or clew eyelet positioned 13 mm or more from mast and/or boom (CR 6.6.3.3 and/or CR 6.6.3.4)
- Repeat of a minor penalty infringement

Major class rule penalties (as per RRS)

Penalty DSQ

- All RRS except as amended
- All SIs except as amended
- Use of uninspected equipment
- Use of unapproved fittings
- Repeat of an intermediate penalty infringement

B. TEAM RACING Team

Racing

- Minor technical penalty – 0 points
- Minor class rule penalty – 1 point
- Intermediate class rule penalty – 3 points

Major class rule penalty – 6 points