



FEDERACION  
ARGENTINA DE  
YACHTING



# OPTIMIST PANAMERICAN CHAMPIONSHIP 2025

December 10 - 17

CLUB UNIVERSITARIO DE BUENOS AIRES  
ASOCIACIÓN ARGENTINA DE OPTIMIST  
FEDERACIÓN ARGENTINA DE YACHTING

## SAILING INSTRUCTIONS

### Change Log:

**Amendment 1, December 11: 5.2, 31, 23.1, Course and Marks**

**Amendment 2, December 11: 17.3**

**Amendment 3, December 13: 5.2**

SI: Sailing Instructions.

NOR: Notice of Race.

RC: Race Committee.

RRS: Racing Rules of Sailing.

TC: Technical Committee

[SP] denotes a rule for which a standard penalty applies. May be applied by the RC, TC or Jury without a hearing (this changes RRS 63.1 and RRS A5).

[DP] denotes a rule for which the penalty is at the discretion of JURY.

[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.

IPAM – OPTIMIST INDIVIDUAL PANAMERICAN CHAMPIONSHIP

TRPAM – OPTIMIST TEAM RACING PANAMERICAN CHAMPIONSHIP



## 1. RULES

- 1.1. The event will be governed by the *rules* as defined by the *RRS*.
- 1.2. Appendix P of the RRS, Special Procedures for Rule 42, shall apply.
- 1.3. Appendix T of the RRS, Arbitrations, shall apply. It is the competitor's responsibility to request Arbitration if desired.
- 1.4. Modifying RRS Race Signals, when an RC boat hoist code flag H, all boats must immediately return to port.
- 1.5. If there is a conflict between the NoR and these SI, the SI shall prevail. Modifies RRS 63.5.
- 1.6. [DP] The official Telegram groups are only for essential communications of the event; other uses are not permitted.

## 2. WARNINGS TO COMPETITORS

- 2.1. (a) Notices to competitors will be published on the Official Notice Board (ONB) in <https://cuba.roms.ar/optipanam2025/index.php/es/> the information will be repeated in the Telegram group whose link is and [https://t.me/+Z\\_NQMFVyUJAyZjlx](https://t.me/+Z_NQMFVyUJAyZjlx)  
(b) All information concerning the JURY, hearing times, Jury decisions, violations of RRS 42 or any other information from the Jury will be published in the ONB.
- 2.2. [DP] CODE OF CONDUCT: Competitors and support staff shall comply with any reasonable request from an event official.

## 3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. Any changes to the SI will be published on the ONB at least two hours before the scheduled time for the first warning signal on the day on which it will take effect, except for any changes to the race schedule which will be published before 20:00 on the day before it takes effect.

## 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore shall be made on the signal mast located in front of the central ramp.
- 4.2. No signals will be displayed ashore before 09.00 each day.
- 4.3. [DP][SP] [NP] When the class flag is displayed ashore with one sound, the warning signal for that class will be given at the scheduled time or not less than 60 minutes after the flag is displayed, whichever is later. Boats of that class shall not launch until this signal has been displayed.
- 4.4. When the AP flag is deployed ashore, "1 minute" is replaced with "not less than 40 minutes". This modifies in the RRS Race Signals



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## 5. PROGRAM:

### 5.1. Accreditation and Equipment Control

Wednesday 10 09:00 - 17:00 Equipment Control on boat park, by pre-published appointments

09:00 - 17:00 Accreditations at the Race Office, without appointment.

### 5.2. Racing Days:

Thursday	11	13:00	Coaches' meeting.
		14:30	Practice race.
		18:00	Opening Ceremony.
Friday	12	13:00	1st warning signal fleet races
Saturday	13	13:00	1st warning signal fleet races
Domingo	14	09:30	Coaches Meeting.
		11:00	TRPAM – TR Races.
Monday	15	Rest Day (may be used unless fewer than three fleet races have been completed)	
Tuesday	16	13:00	1st warning signal fleet races
		18:00	After Race social event
Wednesday	17	13:00	1st warning signal fleet races
		18:00	Prize Ceremony

### 5.3. Number of IPAM Races:

Total	10
Max per day	3

5.4. The RC may sail one additional race per day. When the RC intends to sail more races than scheduled for the day, it will display flag "1" of the International Code of Signals at the finish.

5.5. On the last day of racing, no warning signal will be made after 17:00.

## 6. CLASS FLAGS

6.1. Class flags will be as described in SI 31.7 for IPAM and white flag with class logo for TRPAM.

## 7. RACE AREAS

7.1. The racing areas are shown in Annex 1.

## 8. COURSES

8.1. The courses are indicated below.

IPAM	IODA Trapezoid Course
TRPAM	N course according to TRPAM SI

8.2. Course diagrams, including approximate leg angles, order and side markings are shown in Annex 1.



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## 9. MARKS

- 9.1. The starting marks will be either inflatable buoys or an RC vessel displaying an orange flag.
- 9.2. The finishing marks will be either inflatable buoys or an RC vessel displaying a blue flag.
- 9.4. At a gate, if one of the gate marks is missing, the remaining mark shall be left to port.
- 9.5. Marks colors are detailed in Annex 1.

## 10. OBSTACLE AREAS

- 10.1 No obstacle areas are established.

## 11. THE START

- 11.1. Starting procedure will be in accordance with RRS 26 giving the warning signal 5 minutes before the starting signal.
- 11.2. Before a series of races, or after a prolonged postponement, the RC will display an orange flag at least 5 minutes before the warning signal.
- 11.3. Starting line shall be established between the mast of the RC boat displaying an orange flag and the starting mark.
- 11.4. [DP] [NP] Boats whose warning signal has not been given shall avoid entering the starting area during the starting procedure of other classes.
- 11.5. Any boat starting more than 2 minutes after its departure signal will be scored DNS ('Not departed'). This modifies RRS A4 and A5.
- 11.6. If RC signals an individual call, it will remain hoisted for 2 minutes. This modifies RRS 29.1.

## 12. COURSE CHANGES

- 12.1. There will be no course changes.

## 13. FINISH

- 13.1. The finish line will be between the mast of RC boat hoisting a blue flag and the finish mark.

## 14. PENALTY SYSTEM

- 14.1. Penalties for violations of the Class Rules shall be the Standard Penalty [SP], which modifies RRS 60.5(b) and A5.1, and may be less than disqualification.
- 14.2. RRS P2.2 is changed as follows: *When a boat is penalized a second time under RRS P1 during the event, she shall immediately retire from the race. If she fails to do so she will be disqualified without a hearing and scored DNE.*
- 14.3. RRS P2.3 is deleted.
- 14.4. For infractions listed on the Standard Penalty List, the RC or TC may apply an [SP] without a hearing, or the Jury may apply a discretionary penalty after a hearing. The list of infractions and the associated SPs will be posted on the ONB. However, the RC or TC may protest a boat if it considers that a Standard Penalty is not appropriate. A boat which has been penalized with an SP for an incident may not be protested by another boat for the same incident. No boat may request redress for an action of the RC or TC under this SI. This changes RRS 60.1, 63.1 and A5.



## 15. TIME LIMITS AND TARGET TIME

- 15.1. Time limits and target time for the race are as follows, in minutes. If no boat has passed the first mark within the first-mark time limit, the race will be abandoned.

Time Limit	Mark 1 Time Limit	Target Time
70	30	45

- 15.2. Failure to meet the target time will not be grounds for redress, this modifies RRS62.1(a).
- 15.3. Boats failing to finish within 15 minutes after the first boat in their class sails the course and finishes will be scored DNF without a hearing. This changes RRS 35, A4 and A5.

## 16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1. Requests for hearings (Protests, Requests for Redress, Reopening and any other report to the JURY) shall be submitted using the online form at <https://cuba.roms.ar/optipanam2025/index.php/es/> They shall be submitted within the protest time limit defined in SI 16.3.

The schedule of hearings will be posted within 15 minutes after the protest time limit.

- 16.2. Scoring enquires due to errors or omissions in the classification, must be submitted using the online form at <https://cuba.roms.ar/optipanam2025/index.php/es/>
- 16.3. The protest time limit is 60 minutes after the time the RC signal vessel has docked after the last race of the day, or 60 minutes after flag AP over A or N over A is displayed ashore, whichever is later. This changes RRS 61.3 and 62.2.
- 16.4. Notices of protests from the RC or JURY will be valid by simply posting them on the ONB to inform the boats as stated in RRS 61.1(b).
- 16.5. A list of vessels penalized under SI 1.2 RRS 42 will be posted.
- 16.6. Decisions of the Jury for breaches of Class Rules may be less than disqualification.
- 16.7. A request for redress based on an alleged improper action or omission by the RC in publishing race results shall comply with the following. This changes RRS 61.2
- (a) Scoring Enquire shall be requested via the web form detailed in IR16.2 as soon as reasonably practicable after the results are published.
  - (b) A request for redress shall be submitted as soon as reasonably possible after being informed of the RC's response to the scoring enquiry under SI 16.7(a).

## 17. SCORING SYSTEM

- 17.1. The Low Point System of RRS Appendix A will apply.
- 17.2. The IPAM will be valid with the complete races.
- 17.3. If more than 4 races are completed, a boat's score will be the sum of the scores for each race, excluding its worst score.



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**18. [DP] [NP] SAFETY RULES**

- 18.1. [SP] A boat that abandons a race shall notify the RC as soon as possible.
- 18.2. On scheduled race days, no boat shall launch before its class flag is flown ashore.
- 18.3. [SP] Participants will have a special sector within the park where they can leave their boats that will be indicated by the staff or the beachmaster. No boat shall be temporarily or permanently left out of that space until its class flag is flown ashore.
- 18.4. [SP] If there is a security vessel at the entrance to the club channel, displaying a red flag, boats must wait to enter port until the signal is lowered.
- 18.5. It will be checked that all participants go down to the water with their PFD in place and in good condition. The PFD must remain in place until its return to port, except during a change of clothes. This amends RRS 40 and the preamble to Part 4 of the RRS.
- 18.6. The personal flotation device shall comply with Class Rule 4.2(a).
- 18.7. Boats must go down to the water with all the safety elements required by the class and only if they have cloth floats.
- 18.8. Competitors shall check out before leaving the harbour and check in upon return using the system provided at <https://cuba.roms.ar/optipanam2025/index.php/es/>
- 18.9. Infractions of these Safety Rules may be considered misconduct.

**19. [DP] EQUIPMENT REPLACEMENT**

- 19.1. Not used
- 19.2. Substitution of damaged or lost equipment will only be permitted with the prior approval of the TC. Requests for substitution shall be made at the first reasonable opportunity.
- 19.3. [SP] [NP] If equipment is substituted afloat between races, both the damaged and the substituting equipment shall be presented to the TC after the end of the day's racing. The substitution is subject to the retrospective written approval of the TC.

**20. [NP] EQUIPMENT CONTROL AND MEASUREMENT.**

- 20.1. [DP] It will be checked that all participants have their PFD in place and properly secured before launching.
- 20.2. [SP] [DP] Equipment may be measured and inspected in the following circumstances: Ashore before launching and upon return. A boat identified with a flag with the letter "M" may be on the water carrying out inspections. Equipment measurements and inspections will be made by verifying compliance with Class Rules, RRS, and ERS.
- 20.3. [SP] No adjustments shall be made to equipment selected for inspection prior to arrival at the inspection vessel.

**21. ADVERTISING**

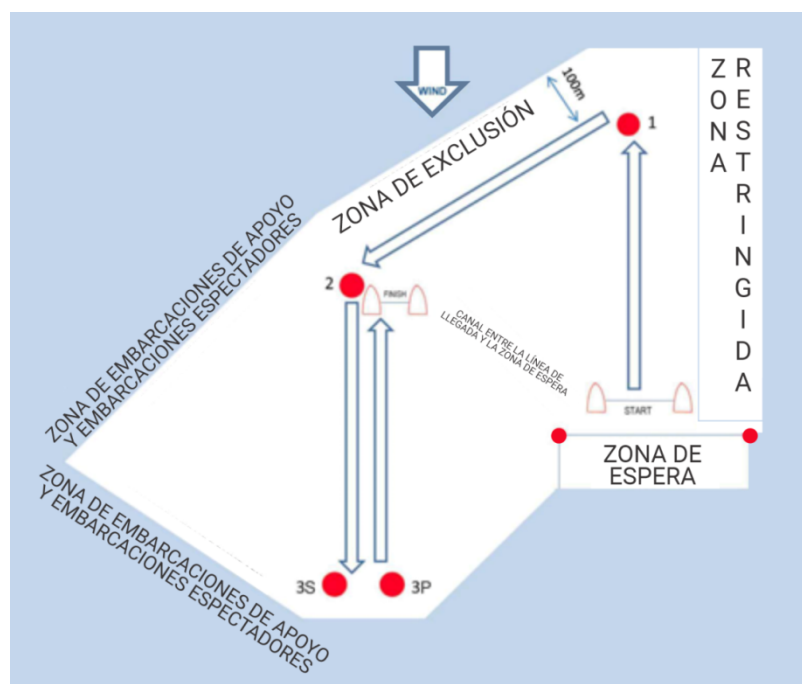
- 21.1. The event will not be advertised.

**22. NOT USED**

**23. [NP] SUPPORT VESSELS**



- 23.1. [SP][DP] Team leaders, coaches, competitors not sailing and other support personnel shall remain not less than 50 m downwind of the starting line and its extensions, from the time of the preparatory signal to the starting signal of their class, and thereafter outside the area where the boats race until all boats have arrived or the race commission indicates a postponement, a general recall or an abandonment. It may be indicated with yellow buoys.
- 23.2. [DP] Support vessels shall carry a working VHF radio and monitor the channel designated for their racing area by the RC. The channel may change during the event. When requested by an RC or Jury vessel, a support vessel shall move immediately as directed.
- 23.3. [DP] A break of these rules may result in a penalty imposed on all boats associated with the infringing boat in the race(s) in which the fault was committed.



24. 25. 26 NOT USED

## 27. [DP] RADIO COMMUNICATIONS

- 27.1. Except in an emergency, a boat may not receive or send radio communications that are not available to all boats. This restriction also applies to mobile phones.





## 28. PRIZE GIVING

28.1. The prize giving ceremony will take place on the last day of the event at the end of the day's activities at the first reasonable opportunity.

### 28.2. Prizes:

- Prizes for 15 best placed boats in IPAM
- Prizes for 3 best placed teams in TRPAM
- Prizes for 1st, 2nd and 3rd place in the Silver Fleet.
- Prizes for 1st, 2nd and 3rd place in the Bronze Fleet.
- "Copa Confederación Sudamericana de Vela": TRPAM winning team
- "Copa PASAF": Best country – calculated as the country with the lowest total score based on the top 5 competitors from that country.
- "Copa Federación Argentina de Yachting": Best-placed female competitor

## 29. DISCLAIMER OF LIABILITY

29.1. Competitors participate in this championship entirely at their own risk. See RRS 3, *Decision to Race*. The Organizing Authority, the RC, the Jury and any other parties involved in the organization of the event will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the event.

## 30. NOT USED

## 31. FORMAT OF RACING AND FLEET SPLITTING

31.1. The Championship will consist of a Qualifying series followed by a Final series.

### 31.2. Qualifying series:

31.2.1 Boats will be assigned to yellow and red fleets on a daily basis.

31.2.2 The Qualifying series will take place on the first 2 days of fleet racing, unless 5 races have not been completed by all fleets by the end of the second fleet racing day. Then the Qualifying series will continue until the end of the fleet racing day in which the fifth Qualifying race is completed, and then the qualifying series will include all races sailed until the end of that day. If 5 races are not completed in the qualifying series by the end of the program racing days as described in 5.2, the fleets shall not be divided into gold or silver.

31.2.3 For the initial assignment, boats will be sorted by alphabetical order of national letters and then by numerical order of sail number. Boats in the sorted list will be allocated to fleets according to the pattern shown in the table in instruction 31.2.7. Initial assignments will be made by the race committee and will be posted at 21:00 on the day before of the first racing day.

31.2.4 Boats will be assigned to fleets of, as nearly as possible, equal size.

31.2.5 Only to split the fleets, if after application of RRS A8, if two or more boats are tied in rank, their relative positions in the rank will follow the order stated in instruction 31.2.3.

31.2.6 [NP][DP]Boats will be reassigned to fleets after each day of racing, except if on the first day only one race is completed. If all fleets have completed the same number of races, boats will be reassigned on the basis of their ranks in the series. If all fleets have not completed the





same number of races, the series scores for reassignment will be calculated for those races, numbered in order of completion, completed by all fleets.

31.2.7 Reassignments will be made as follows:

Serie A	Serie B
1st	2nd
4th	3rd
5th	6th
8th	7th
9th	10th

31.2.8 Fleet Assignments for the Qualifying Series will be based on the ranking available at 21:00 that day regardless of protests or requests for redress not yet decided. If all fleets have not completed the same number of races by the end of the day, the fleets with fewer races will continue racing the following day until all fleets completed the same number of races. All boats will thereafter race in the new fleets.

31.3. **Final series:**

31.3.1 Boats will be assigned to gold (yellow) and silver (red) fleets on the basis of their ranks in the Qualifying series. Gold and silver will have as near as possible the same number of competitors. If not possible, gold will have the largest fleet. Boats with the best qualifying series ranks will race all final series races in the gold fleet, silver will follow gold.

31.3.2 Any recalculation of the qualifying series ranking after the boats have been assigned to final series fleets will not affect the assignments except that a redress decision may promote a boat to a higher fleet.

31.4 [NP][DP] Boats shall display a coloured ribbon corresponding to the colour of her fleet, permanently fixed during the day's races and flying from the top of the sprit, unless SI 31.2.8 applies. The ribbons will be provided at Registration and in the Race Office.

31.5 For scoring, when applying RRS A4 and A5, the number of boats in the largest fleet will be used as the number of boats in the event.



# ANNEX 1

## RACING AREA



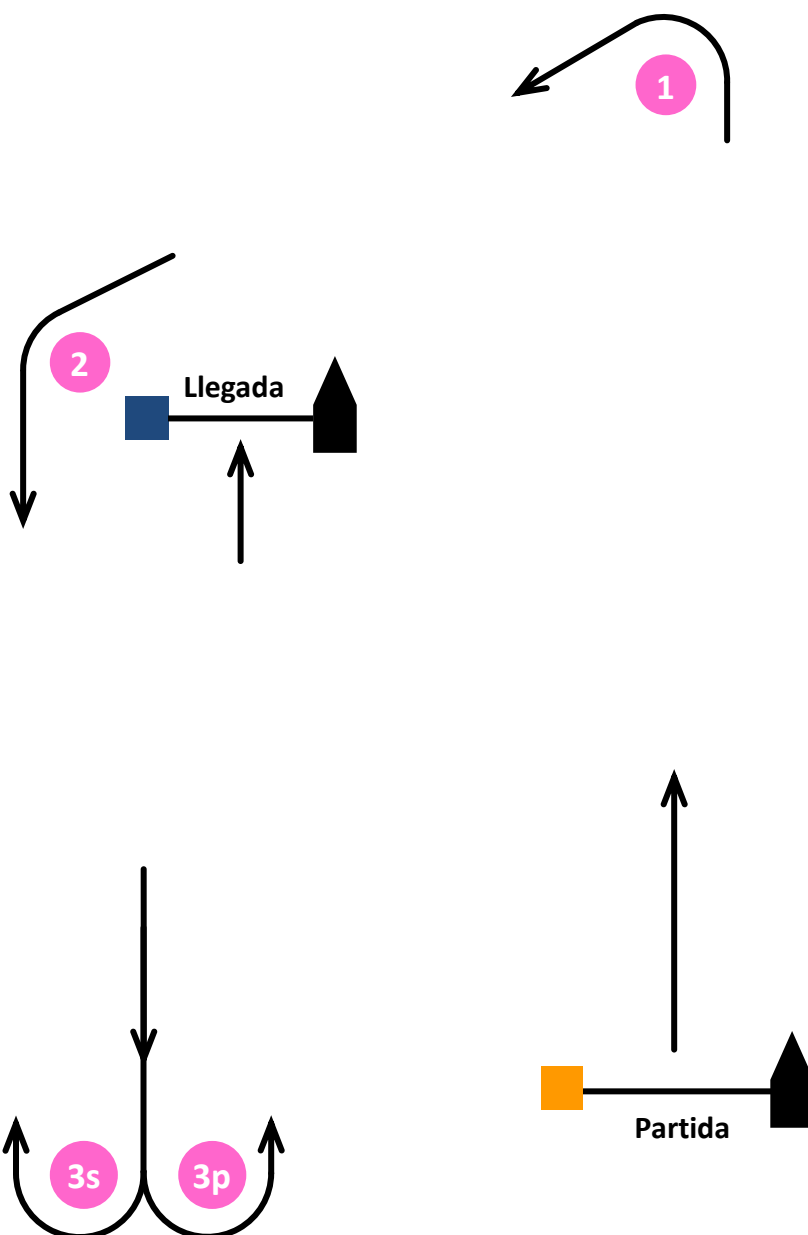


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## COURSE AND MARKS

Optimist



Mark color:

1. Start: RC BOAT or GREEN buoy
2. Course: PINK
3. Finish: GREEN

Course:

Start-1-2-3s/3p-Finish

# List of Standard Penalties [SP]

(Excerpted from IODA's Graded Penalty System)

[SP]

This document is converted to points for each event depending upon the number of competitors, rounded to the closest as per RRS 44.3 (c)

## A. FLEET RACING

### Minor technical penalties

*Penalty approximately equal to 5% of fleet = 3 points*

- Failing to report damage to charter boat (IR punto 23.2)
- Breaches of SI 20 Safety Regulations if no danger was involved + 21 + Anexo D

### Minor class rule penalties

*Penalty equivalent to 10% of fleet = 6 points*

- Bailer/paddle/daggerboard/painter not correctly attached to the hull (CR 4.3)
- Painter not attached to mast step (CR 4.3 (b))
- Whistle not attached to personal flotation device (CR 4.2 (a))
- Distance between edge of sail and mast and/or boom at one eyelet 15 mm or more (CR 6.6.3.3 and/or CR 6.6.3.4)
- Distance between edge of sail and mast and/or boom at two eyelets 13 mm or more (CR 6.6.3.3 and/or CR 6.6.3.4)
- Loss of sail tie (CR 6.6.3.3 and/or CR 6.6.3.4)
- Sailing across a race in progress before starting or after finishing (IR anexos D y E)
- Out of the waiting area (SI 13.3)
- Breaches of (Anexo E) Support Vessels
- Clearance between span and boom between 101mm and 120 mm (CR 3.5.3.8)
- Ring(s) on span of boom slipping (CR 3.5.3.8)

### Intermediate class rule penalties

*Penalty equivalent to 30% of fleet = 19 points*

- No bailer, paddle or painter in boat (CR 4.3)
- No whistle (CR 4.2 (a))
- Lanyard, locking device or other arrangement used to attach mast to the hull not in position (CR 3.5.2.11)
- Sail outside limits of bands (CR 3.5.2.7 and CR 6.6.3.1)
- Distance between edge of sail and mast and/or boom at two eyelets 15 mm or more (CR 6.6.3.3 and/or CR 6.6.3.4)
- Distance between edge of sail and mast and/or boom at three or more eyelets 13 mm or more (CR 6.6.3.3 and/or CR 6.6.3.4)
- Clearance between span and boom more than 120 mm (CR 3.5.3.8)
- Edge of sail at throat, tack or clew eyelet positioned 13 mm or more from mast and/or boom (CR 6.6.3.3 and/or CR 6.6.3.4)
- Repeat of a minor penalty infringement

### Major class rule penalties (as per RRS)

*Penalty DSQ*

- All RRS except as amended
- All SIs except as amended
- Use of uninspected equipment
- Use of unapproved fittings
- Repeat of an intermediate penalty infringement

## B. TEAM RACING Team

### Racing

- Minor technical penalty – 0 points
- Minor class rule penalty – 1 point
- Intermediate class rule penalty – 3 points

Major class rule penalty – 6 points