



Central and South American Championship 2023

FEBRUARY 15th to 21st
Puerto de Núñez, Ciudad Autónoma de Buenos Aires, Argentina.

Organizing Authority

CLUB UNIVERSITARIO DE BUENOS AIRES
INTERNATIONAL LASER CLASS ASSOCIATION
ASOCIACION ARGENTINA DE LASERISTAS

SAILING INSTRUCTIONS

1. RULES

- 1.1 The Central and South American Championship will be governed by the *rules* as defined in *The Racing Rules of Sailing 2021-2024* (RRV).
- 1.2 Appendix P, Special Procedures for Rule 42, will apply with changes.
- 1.3 ILCA class rule 7(a) is restricted as follows: “Only one person (the registered sailor) shall be on board while racing.”
- 1.4 Decisions of the International Jury will be final as provided in RRS 70.5.
- 1.5 RRV 60.1 is modified as follows: Participants do not have the right to protest for any rule related to publicity.
- 1.6 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee. This restriction also applies to mobile telephones.
- 1.7 Sailing Instructions (SI) can modify other rules according to RRV 86.1(a).

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- 1.8** If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will take precedence. This changes RRV 63.7
- 1.9** If there is a conflict between languages, the English text will take precedence.
- 1.10** Appendix T, Arbitration, will apply.
- 1.11** In all rules governing this event, both 'athlete' and 'competitor' mean a person competing or intending to compete in the event. The term 'support team' means coaches, team leaders and other support personnel.
- [SP] denotes a rule for which a standard penalty applies. May be applied by the RC, TC or Jury without a hearing (this changes RRS 63.1 and RRS A5).
- [DP] denotes a rule for which the penalty is at the discretion of International Jury;
- [NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).
- 1.12** Scorings for ILCA 6 Women and ILCA 7 Men will be included in the WS ranking.

2. [DP] ADDITIONAL IDENTIFICATION

- 2.1** Each day while racing, according to the following ranking list at the beginning of the day competitors shall display a colour bib indicated below. The organizing authority will supply the bibs for their use.

RANKED	CATEGORY (ILCA CLASS)	BIB COLOUR
1st	Overall (4 / 6 / 7)	Yellow
2nd	Overall (4 / 6 / 7)	Blue
3rd	Overall (4 / 6 / 7)	Red
1st	Apprentice Master (6 / 7)	Green
1st	Master (6 / 7)	Red
1st	Grand Master (6 / 7)	Blue
1st	Great Grand Master (6 / 7)	Yellow
1st	Legends (6)	White

- 2.2** Support boats will be required to display identification numbers supplied by the organizing authority. Numbers will be given at registration.

3. NOTICES TO COMPETITORS

- 3.1** Notices will be posted on the Official Notice Board (ONB) which will be online at the following web: <https://cuba.roms.ar/csailca2023/index.php/en/>
- All the information published by International Jury will be posted on this same ONB.
- 3.2** Notices and Documents will also be posted at the official Telegram group (<https://t.me/+PC8iCjOAlqNIZTUx>) and on the board located between the two changing rooms main hall access. Failure to post a notice on the Telegram and/or the

board between the two changing rooms main hall access will not be grounds for redress. This changes RRS 62.

ONB Telegram group QR:



4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Except for changes to the schedule of races, changes to the SI will be posted either:
- (a) No later than 2 hours before the scheduled time of the first race affected; or
 - (b) No later than 15 minutes before flag AP ashore is removed.
- 4.2 Any change to the schedule of races will be posted no later than 20:00 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1 Flag L will only be displayed ashore when a notice which changes a sailing instruction affecting that day's racing is posted. This changes RRS Race Signals.
- 5.2 Signals ashore will be displayed from the Official Signal Mast located at the boat park in front of the central ramp.
- 5.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.
- 5.4 [SP] [NP] On a day with scheduled races, a boat shall not leave the shore until her class flag is displayed ashore. The warning signal will be made not less than 60 minutes after her class flag is displayed or not before the schedule time, whichever is later.
- 5.5 [DP] When flags AP over H or N over H are displayed from a Race Committee vessel, all boats shall immediately return ashore and shall wait there for further signals. This changes RRS Race Signals.

6. FORMAT OF RACING

- 6.1 The event will consist of a single series. In case of fleet division according SI 29, there will be an opening series and a final series.



7. SCHEDULE

7.1 Registration, Equipment Inspection (EI) & Open Ceremony:

Wednesday	15 th	09:00 – 18:00	Registration and EI
Thursday	16 th	09:00 – 18:00	Registration and EI
		15:00	Practice Race

7.2 Racing days:

Friday	17 th	09:30	Flags and Open Ceremony.
		11:00	Skippers Meeting.
		13:00	Warning Signal 1 st Race of the day.
Saturday	18 th	13:00	Warning Signal 1 st Race of the day.
Sunday	19 th	13:00	Warning Signal 1 st Race of the day.
Monday	20 th	13:00	Warning Signal 1 st Race of the day.
Tuesday	21 th	13:00	Warning Signal 1 st Race of the day.
		18:00	Prize Giving Ceremony

7.3 Ten (10) races are scheduled. Two (2) races are scheduled per day.

7.4 One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule. If one extra race is to be sail, code flag #1 will be displayed on the RC finishing vessel.

7.5 On Tuesday 21th, no more than two (2) races will be sailed and no warning signal will be made after 16:00 hours.

8. REGISTRATION AND MEASUREMENT

8.1 All boats and sails will be inspected during registration days for compliance with ILCA DISTRICT MEASURERS MANUAL. A time schedule and instructions for boat presentation will be published for competitors.

8.2 During racing days, Equipment Inspections (EI) may be taken randomly either ashore or afloat.

9. CLASS FLAGS

9.1 Class flags will be as follows

CLASS	FLAG
ILCA 7	White+ Logo
ILCA 6	Green + Logo
ILCA 4	Yellow + Logo





10. RACING AREA

10.1 The racing area will be as close as practicable to the harbor.

11. RACE COURSE

11.1 The course to be sailed will be Inner and Outer Trapezoid.

11.2 The diagrams in SI Attachment A show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

11.3 An Inner Trapezoid course will be signal with a green flag with a letter 'I', and an Outer Trapezoid course will be signal with a red flag with a letter 'O'.

11.4 Courses will not be shortened. This changes RRS 32.

12. MARKS

12.1 Marks will be cylindrical inflatable buoys, colours described in Attachment A.

12.2 The starting and finishing line marks will be race committee vessels or inflatable marks.

12.3 In the event that a gate mark is missing and has not been replaced with an object displaying flag M, the remaining mark shall be rounded to port.

13. THE START

13.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.

13.2 The starting line will be between a staff displaying an orange flag on the race committee vessel at the starboard end and either, the course side of the port-end inflatable starting mark, or a staff displaying an orange flag on the race committee vessel at the port end.

13.3 [DP] [SP] When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as the area 100 meters from the starting line and starting marks in all directions.

13.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with 1 sound at least 5 minutes before a warning signal is made. The warning signal for each succeeding race will be made as soon as practicable.

13.5 A boat starting later than 2 minutes after her starting signal will be scored DNS. This changes RRS A4 and A5.



14. COURSE CHANGES

14.1 To change the next leg of the course, the Race Committee will

- (a) lay a new windward mark, or
- (b) move the leeward gate, or
- (c) move the finishing line.

When a new mark is laid, the original mark will be removed as soon as possible. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. This changes RRS 33.

14.2 Course changes may be signal using only code flag C. This changes RRV 33 and RRV Race Signals.

15. THE FINISH

15.1 The finishing line will be between a staff displaying a blue flag on the race committee vessel and either the course side of the nearby inflatable finishing mark, or a staff displaying a blue flag on the nearby race committee vessel.

16. PENALTY SYSTEM

16.1 RRV P2.2 is changed to: “When a boat is penalized again during the event, she must immediately retire from the race. If not, it will be score DNE without a hearing.”

16.2. RRV P2.3 will not apply.

16.3 Penalties for breaches of the class rules, or rules in the NoR and SIs marked [DP], or [SP] should the case go to a hearing, are at the discretion of the International Jury and may be less than disqualification.

16.4. For breaches of a rule marked [SP], or listed on the Standard Penalty List, the RC or Technical Committee (TC) may apply an SP without a hearing or the International Jury may apply a discretionary penalty with a hearing. A list of these breaches and the associated SP will be published on the ONB. However, the RC or TC may protest against a boat if they consider the SP to be inappropriate. A boat that has been penalized with an SP may not be protested for the same incident by another boat nor can another boat request redress for this action from the RC or TC. This changes RRS 60.1, 63.1 and A5.

16.5 A list of boats that have been penalized under Appendix P for breaking RRS 42 and under breaches of a rule marked [SP], or listed in the list of standard penalties will be posted on the ONB.

16.6 When a penalty is given under SI 15.3 or SI 15.5 before a race is started, the penalty will remain if that race is restarted or resailed. This changes RRS 36.

17. TIME LIMITS AND TARGET TIMES

17.1 Time limits and target times are as follows, in minutes:

Time Limit	75
Mark 1 Time Limit	25
Finish Window	15
Target Time	50

17.2 If no boat finish before Time Limit the race will be abandoned.

17.3 If no boat passes Mark 1 before the Mark 1 Time Limit the race will be abandoned.

17.4 The Finish Window will start after the first boat sails the course and finishes.

17.5 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

18. PROTESTS AND REQUESTS FOR REDRESS

18.1 Hearing request for Protests, requests for redress or reopening shall be delivered at the ONB (<https://cuba.roms.ar/csailca2023/index.php/en/>) before the appropriate time limit.

18.2 The protest time limit is 90 minutes after either

- (a) the last boat has finished the last race of the day, or
- (b) the RC signals no more racing today, whichever is the later.

18.3 A request for redress based on an incident identified in a scoring enquiry will meet the time limit if:

- (a) the scoring enquiry was delivered within the time limit specified in RRS 62.2 as changed by SI 18.2; and
- (b) the request for redress is delivered as soon as reasonably possible after being notified of the race committee's response to the scoring enquiry. The response by the race committee will be notified through the online system. This changes RRS 62.2.

18.4 Notices will be posted on the ONB within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the stated room beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the protest time limit.

18.5 Breaches of rules in the SI or NoR marked [NP] shall not be grounds for a protest by a boat. This changes RRS 60.1(a).

18.6 A boat that intends to retire from a race after finishing shall make a request through the ONB on the "Competitor's Declaration" section (<https://cuba.roms.ar/csailca2023/index.php/en/competitor-s-declaration>).

19. SCORING

19.1 The Low Point System of RRS Appendix A will apply.

19.2 Four (4) races are required to be completed to constitute a championship

19.3

(a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores. This changes RRS A2.

(b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

19.4 Boats failing to finish within the Finish Window after the first boat sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. Boats scored TLE will be scored points equal to the number of boats finishing within the Finish Window plus two points by the race committee without a hearing. This changes rule A4.2, A5, and A11.

19.5 To request a correction of an alleged error in posted race or series results, a boat shall complete and submit a scoring enquiry available in the ONB (<https://cuba.roms.ar/csailca2023/index.php/en/>)

19.6 A boat that retires from a race shall notify the race committee as soon as possible. The boat shall complete a retirement declaration form through the ONB on the "Competitor's Declaration" section (<https://cuba.roms.ar/csailca2023/index.php/en/competitor-s-declaration>).

20 [DP] COACHES AND SUPPORT BOATS

20.1 Each coach and support boat shall clearly display an identification number supplied at registration. No other individual support boats shall be used.

20.2 Each coach/support boat is required to carry a VHF radio capable of transmitting and receiving all international ship-to-ship channels. Boat drivers and crews shall wear personal flotation devices securely fastened at all times when afloat except briefly while changing or adjusting clothing or personal equipment. Wetsuits and drysuits are not personal flotation devices. When the coach/support boat engine is running, boat drivers shall be connected to a device that will stop the engine if the boat driver falls out of the boat or is otherwise not in control of the boat.

20.3 [DP] Except when participating in a rescue operation, Support Boats shall not be positioned:

(a) Closer than 100 meters of any boat racing,

(b) Within 100 meters to leeward of the starting line and its extensions from the time of the preparatory signal until all boats have left the starting area, or the race committee signals a postponement, general recall or abandonment; This area may be indicated with buoys,

(c) Between any boat racing and the next mark of the course,



- (d) Between the inner and outer trap courses when boats are racing on both courses,
- (e) Within 100 meters of any mark while boats are in the vicinity of that mark,
- (f) Within 100 meters of the finishing line and marks while boats are finishing.

21 [DP] SAFETY REGULATIONS

- 21.1 No boat will launch before its class flag is displayed ashore.
- 21.2 Boats will have a special place within the boat park, which will be indicated by the beach manager identified for this purpose. No ship shall be temporarily or permanently left out of that space until its class flag is displayed ashore.
- 21.3 All competitors must launch with their PFD in place and in good condition. The PFD must remain on until return to port, except during a cloth change. This change RRS 40 and preamble of RRS Part 4.
- 21.4 [NP] Competitors will be responsible to verify that their PFD complies with the ISO12402-5:2006 standard for personal flotation devices or similar, EN393 / USCG TYPE III / AUS PFD 2.
- 21.5 **CHEK IN and CHEK OUT.** Competitors must register their launch and return to shore through the ONB (<https://cuba.roms.ar/csailca2023/index.php/en/sign-in-out>). Launch should be informed before the competitors launch, and return should be informed before the protest time limit.

22 REPLACEMENT OF CREW OR EQUIPMENT

- 22.1 Substitution of competitors will not be allowed
- 22.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the Technical Committee (TC). Requests for substitution shall be made through the ONB (<https://cuba.roms.ar/csailca2023/index.php/en/>) to the TC at the first reasonable opportunity.

23 [NP] EQUIPMENT AND MEASUREMENT CHECKS

- 23.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by the TC to proceed immediately to a designated area for inspection.
- 23.2 The event will be sailed in ILCA class boats as recognized by World Sailing, commonly sold under the brand name "ILCA" or "Laser." All boats must have a valid World Sailing plaque attached in accordance with the ILCA class rules to the aft face of the cockpit.
- 23.3 Each competitor shall use only one hull, sail, batten set, mast, boom, centerboard and rudder.





23.4 In the event of damage, boats and equipment may only be substituted with the written permission of the TC or RC. If the damage occurs less than two hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the TC, jury or RC and the written permission of the TC or RC shall be applied for before the end of the protest time limit at the end of the day in which the substitution takes place.

24 OFFICIAL BOATS

24.1 Official boats will be marked as follows:

Technical Committee	Yellow flag with 'M' in black
International Jury	White flag with 'J' in black
Principal Race Officer	White flag with 'PRO' in black
All other official Boats	Green and White checkerboard

24.2 [NP] A boat shall not request redress due to the actions by any official vessel, drone or helicopter. This changes RRS 60.1(b).

25 TRASH DISPOSAL

25.1 Trash may be placed aboard support or official boats.

26 DISCLAIMER OF LIABILITY

26.1 Competitors participate in the regatta entirely at their own risk, according to *RRS 3, Decision to Race*. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

27 MEDIA RIGHTS

27.1 Competitors give absolute right and permission to ILCA, the International Laser Association, the Club Universitario de Buenos Aires, and the event sponsors free of any charge to use, publish, broadcast or otherwise distribute for promotional, advertising or any other purpose, any images and sound taken or recorded during the event of persons and boats.

28 AGE CATEGORIZATION POLICY

28.1 Competitors will be assigned in YOUTH categories according to their birth year.

CLASS	CATEGORY	BIRTH YEAR
ILCA 4	UNDER 16	2008 or later
ILCA 4	UNDER 18	2006 or 2007





ILCA 6	UNDER 17	2007 or later
ILCA 6	UNDER 19	2005 or 2006
ILCA 7	UNDER 21	2003 or later

28.2 Competitors will be assigned in MASTER categories according to the age the competitor reaches at February 17th 2023.

GROUP	CATEGORY (ILCA CLASS)	BIB COLOUR FOR BEST RANKED
35 to 44	Apprentice Master (6 / 7)	Green
45 to 54	Master (6 / 7)	Red
55 to 64	Grand Master (6 / 7)	Blue
65 to 74	Great Grand Master (6 / 7)	Yellow
75 or more	Legends (6)	White

29. FLEET ASSIGNMENT

Opening Series

29.1 [NP][DP] If the number of boats in a class, is over 60 entries, boats will be assigned to BLUE and PURPLE fleets on a daily basis and shall display a coloured ribbon corresponding to the fleet colour flying from the top of the mast. The ribbons will be provided by the Race Office.

29.2 Initial assignments will be random, made by the RC and will be posted after the registration has been completed. Boats will be reassigned to fleets after each day of racing, unless the day before there were no races completed or the fleets have not completed the same number of races.

29.3 Boats will be allocated to fleets according to the following pattern. The ranks used for allocation will be the first provisional overall results publish on the ONB.

a) Fleet allocation

Blue Fleet	Purple Fleet
1st	2nd
4th	3rd
5th	6th
8th	7th
And so on...	

29.4 Only to split the fleets, if two or more boats are tied in rank, their relative positions in the rank will follow the order stated in the rank.

29.5 When a class is divided in fleets, the class flag for the attention signal is replace with a flag with the fleet colour. Except for the final series where, for the gold fleet a blue flag will be use, and for the silver fleet a purple flag will be use





29.6 Changing RRS A4 y A5, boats shall be scored points for the finishing place one more than the number of boats assigned to the bigger fleet, instead of entered in the series.

29.7 Final Series

Las day of the event, or if at least 5 races have been completed, the following days fleet assignment will be,

Gold Serie, the best half ranked competitors,

Silver Serie, the worst half ranked competitors.

Gold and Silver will have as near as possible the same number of competitors. If not possible, gold will have the largest fleet. Boats with the best qualifying series ranks will race all final series races in the gold fleet, silver will follow gold, bronze will follow silver, and emerald will follow bronze in ranking, except that a penalty under RRS 2 is given.

Any recalculation of the qualifying series ranking after the boats have been assigned to final series fleets will not affect the assignments except that a redress decision may promote a boat to a higher fleet.

29.8 If the last race before the Final Series is not completed by all the fleets, it will be abandoned as well as the starting and RRS 42 penalties of the competitors. This modifies RRS 30 and RRS A.

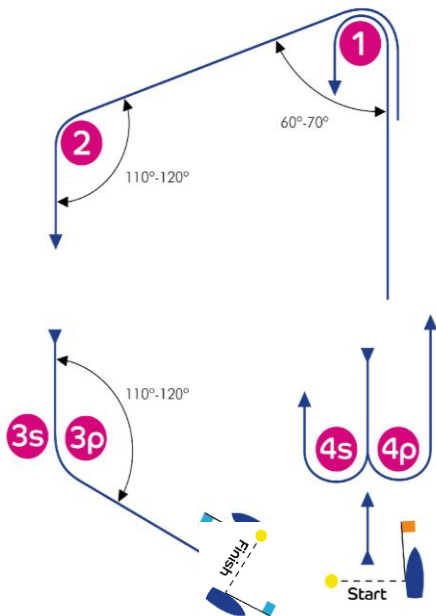


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Attachment A

Course Diagrams

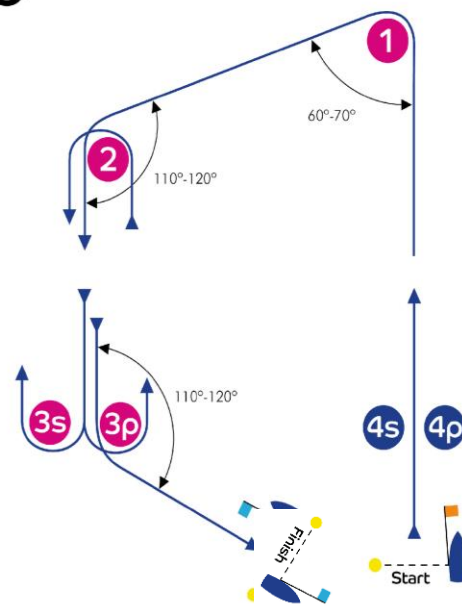
I



Course: Inner Trapezoid

Signal	Mark Rounding Order
I2	Start - 1 - 4s/4p - 1 - 2 - 3p - Finish

O



Course: Outer Trapezoid

Signal	Mark Rounding Order
O2	Start - 1 - 2 - 3s/3p - 2 - 3p - Finish

Mark colours will be as follows,

Course marks: Pink

1 or 2 change marks: Green

Starting mark: Orange with white stripe or staff displaying orange flag.

Finish mark: Blue



RACING AREA.

